



The Alex Bleasby
Retired Gentlemen's Race Series 2010
SAILING INSTRUCTIONS



Raleigh Sailing
Channel Island Yacht Charters

Organising authority: St Helier Yacht Club (St HYC)

1. RULES

1.1 The event will be governed by

- 1.1.1 The Notice of Race, except as changed by these Sailing Instructions;
- 1.1.2 These sailing instructions, including any changes made in compliance with instructions 2 and 3.

2. NOTICES TO COMPETITORS

2.1 Notices to competitors will be posted on the official notice board located at St HYC.

3. CHANGES IN SAILING INSTRUCTIONS

3.1 Any change to the sailing instructions will be posted at the St HYC Foyer window. Code Flag "L" may be flown from the St HYC mast to draw competitors' attention to such changes. It will be the responsibility of individual skippers to check for any changes.

4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore may be displayed at either the start line or the St HYC mast, as appropriate to the nature of the signal;
- 4.2 When a visual signal is displayed over a class flag it applies to that class only.

5. FORMAT – Not used.

6. SCHEDULE OF RACES

- 6.1 The Programme of Races is given in the Notice of Race;
- 6.2 The scheduled time for the first warning signal for the first race of each day is one minute before the scheduled start time for that day.

7. CLASS FLAGS

7.1 Class flags will be:

Class	Flag
ALL BOATS	U

The class flag may be flown from the starboard crosstree of the starter's boat as an aid to identification.

8. RACING AREAS

8.1 The racing area shall be St.Aubin's Bay and the South West Approaches to Jersey.

9. THE COURSES

<u>Course G One (5.27nm)</u>	<u>Course G Two (5.24nm)</u>	<u>Course G Three (3.5nm)</u>	<u>Course G Four (5.5nm)</u>
St HYC Start Line N to S	St HYC Start Line N to S	St HYC Start Line N to S	St HYC Start Line N to S
East Rock Buoy Port	East Rock Buoy to Starboard	Elizabeth Island to Starboard	Round Janvrin's Tower to Port
Hinguette Buoy to Starboard	Diamond Buoy to Starboard	Baleine Buoy to Starboard	St HYC Line S to N (Finish)
St Aubin's Racing Mark to Starboard	Baleine Buoy to Port	Vrachiere Buoy to Starboard	
Baleine Buoy to Port	Vrachiere Buoy to Port	Rocquemin mark to port	
Platte Beacon to Port	St Aubin's Racing Mark to Port	Elizabeth Island to Port	
St HYC Line S to N (Finish)	Baleine Buoy to Port	St HYC Line S to N (Finish)	(Janvrin's Tower
	Platte Beacon to Port		Ile au Guerdain
	St HYC Line S to N (Finish)		Portelet Bay)

The number flag of the agreed course (above) may be flown from the port crosstree of the starter's boat.

Where the number flag of the agreed course is followed by the R flag the course will be sailed in the reverse direction

10 MARKS

10.1 The buoys and marks are shown on the St Aubin's Bay Course Card

11 THE START

11.1 The races will be started as follows:

11.2 The competitors will assemble in the start area to the North of the St HYC start line (or behind such other start line as the race organizers may designate) before the start time and agree the course to be sailed.

11.3 The start shall be made with the boats assembled in the start area with neither mainsail nor jib raised. Rule 42.3c is suspended to permit the use of engine or other power until the start signal is given.

11.4 The **warning** signal shall be a **double** sound signal audible to all competitors made from the starter's boat **one minute** before the start signal at a time not intended to disadvantage any of the competitors and within the spirit of the event;

11.5 The **start** signal shall be a **single** sound signal audible to all competitors made from the starter's boat

11.6 The start shall be deemed to take place as soon as the single sound signal is made and competitors will hoist sail and continue around the race course;

11.7 The St HYC starting line is an imaginary line drawn through the two conspicuous triangles placed at South apex of La Collette yacht basin

11.7.1 The outer (West) limit is a yellow buoy. The limit buoy is deemed to be on the transit at the point where an imaginary line perpendicular to the starting line and passing through the limit buoy intersects the starting line.

12 CHANGE OF THE POSITION OF THE NEXT MARK - Not used.

13 THE FINISH

13.1 The finish line for all courses shall be at the St.HYC starting line as described in 11.7 above transited from South to North (or at such other finish line as the race organizers may designate)

13.2 Where the race organiser considers that the duration of the race has started to impinge on the time available for lunch he may shorten the race to finish at any of the marks of the course, notifying all competitors by VHF channel 8 and hailing as necessary.

13.3 Competitors should take their finishing times and provide these to the race organiser, together with the average age of their crews, within an hour of finishing the race.

13 PENALTY SYSTEM

13.1 Rule 44.2 will apply.

14 TIME LIMIT

14.1 The time limit shall be four hours from the start of the race.

15 PROTESTS AND REQUESTS FOR REDRESS

15.1 Protest forms are available at the St HYC office. Protests shall be delivered there before the protest time limit;

15.2 RRS 61.3 and 62.2 are changed in that the protest time limit is 90 minutes after the last boat has finished. The same protest time limit applies to all protests by the race committee and protest committee and to requests for redress. The protest time limit may be extended by the Race Committee in exceptional circumstances;

15.3 Notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the St HYC;

15.4 Notices of protests by the race or protest committee and a list of boats that have acknowledged breaking RRS 42, or that have been disqualified without a hearing by the race or protest committee, will be posted before the protest time limit;

15.5 Decisions of the protest committee will be final as provided in rule 70.4.

16 SCORING AND RESULTS

17.1 Results for each race will be computed by the race organizing committee as follows:

17.1.1 The skipper of each boat will declare its finishing time and the average age of the crew;

17.1.2 The corrected time of each boat is its elapsed time adjusted first by its handicap and then reduced or increased by one half of one percent for every year by which the average age of the crew exceeds or falls below 65.

17.1.3 The winner of the race is the boat with the lowest corrected time;

17.1.4 Results may be posted on the St HYC Sailing Notice Board on the day of the race.

17.2 The scoring system is as follows:

17.2.1 The low point scoring system of Appendix A with Appendix A9 will apply;

17.2.2 Six races are required to be completed to constitute the series;

17.2.3 A boat must start in at least half the races to be counted in the series;

17.2.4 A boat's series score will be the total of her best race scores out of 50% of the races held in the series, rounded to the nearest whole number of races below where an odd number of races is held, plus one race.

17 SAFETY REGULATIONS

17.1 All boats shall close with the Starter, before racing, for identification;

17.2 Any boat that retires from the race shall notify the race officer by hail or on VHF Channel 8 as soon as possible;

17.3 When in the small roads and shipping channels such as those constituting the approaches to St Helier, boats racing may interpret rule 42.3C to permit the use of engine or other power where the boat constitutes a hazard to approaching commercial vessels, or when conditions are such that she cannot give proper way under sail. A boat taking this course of action must then return to a point of no advantage. Under these conditions, the International Regulations for the Prevention of Collisions at Sea shall prevail. Such use of engine power must be declared to the race committee, detailing the exact circumstances and actions taken, on the boat's declaration or otherwise, at the earliest opportunity.

18 REPLACEMENT OF CREW OR EQUIPMENT – Not used.

19 EQUIPMENT AND MEASUREMENT CHECKS

20.1 Any boat or equipment may be checked for compliance with the class rules and sailing instructions at any time.

20 OFFICIAL BOATS – Not used.

21 SUPPORT BOATS – Not used.

22 HAUL OUT RESTRICTIONS – Not used.

23 PLASTIC POOLS AND DIVING EQUIPMENT – Not used.

24 RADIOCOMMUNICATION

24.1 All boats should maintain watch on VHF Channel 16 both immediately prior to and following the start;

24.2 Boats with VHF dual watch facilities are also advised to maintain watch on Channel 8 (race control) as above

24.3 Boats with VHF scanning facilities are also advised to maintain watch on Channel 14 (port control) as above

24.4 No boat shall transmit or receive any information by radio (including mobile telephone) not accessible to other boats, while racing, which may be construed to give it an unfair advantage over other boats;

24.5 The race officer may communicate generally with the race fleet if deemed appropriate using VHF Channel 8. (Such assistance, if made, is supplementary to statutory requirements, and lack of such assistance shall not be construed as failure in the conduct of the race).

25 PRIZES

25.1 The boat with the best aggregate score will receive the Alex Bleasby Retired Gentlemen's Series Trophy

25.2 The winning boat in each race will receive a two bottles of wine.

25.3 Suitably liquid prizes will be awarded to the second and third placed boats in each race.

25.4 Prizes may be opened by the winners and distributed as considered appropriate.

25.5 The Alex Bleasby Trophy will be presented at a venue and date to be advised.

26 DISCLAIMER

Competitors participate in the event entirely at their own risk. The organizing authority will not accept liability for personal or material damage, injury or death sustained in conjunction with or prior to, during or after the event.