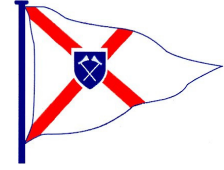
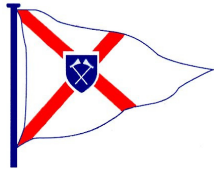


# ST HELIER YACHT CLUB



## COASTAL SERIES

Sponsored by



Saturday 13th March 2010

Saturday 27th March 2010

Saturday 10th April 2010

Saturday 8th May 2010

Saturday 22nd May 2010

## SAILING INSTRUCTIONS

Organising Authority: St Helier Yacht Club (SHYC), Jersey – [www.shyc.je](http://www.shyc.je)

### 1 RULES

- 1.1 The event will be governed by the Rules as defined in *The Racing Rules of Sailing 2009-2012*.
- 1.2 The Prescriptions of the Royal Yachting Association will apply.
- 1.3 The ISAF Offshore Special Regulations for Monohulls and Multihulls Category 4 will apply.

#### 1.4 Supplementary rules:

- 1.4.1 There shall be a minimum of 2 starters to constitute any race in the series.
- 1.4.2 If entering race 3 in the Crews Race category, the helm must only be taken for the entire race by persons that have not normally skippered a yacht in a race in the current or previous year;
- 1.4.3 If entering race 5 in the Ladies Races category, the helm must be taken for the entire race by a female member of a recognized yacht club.

#### 1.5 Racing rules will be changed as follows:

- 1.5.1 Rule A4.1 – A boat failing to start within 10 minutes of her starting signal will be scored Did Not Start (DNS).
- 1.5.2 Rules 61.3 and 62.2 – The protest time limit shall be 90 minutes after the last boat in the relevant class has finished the last race of the day. The same protest time limit shall also apply to all protests by the race committee, and to all requests for redress.
- 1.5.3 Rule 62.1 – Prior to the start of the race, boats should maintain watch on VHF Channel 8 for any communication from the race committee. Such communication may include a verbal countdown at the race committee's sole discretion. Non-reception of any message shall not provide grounds for redress against the race committee.

### 2 NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on the official notice board located at SHYC.

### **3 CHANGES TO SAILING INSTRUCTIONS**

- 3.1 Any change to the sailing instructions will be posted before 0800 local time on the day it will take effect, except that any change to the schedule of races will be posted by 2000 local time on the day before it will take effect.

### **4 SIGNALS MADE ASHORE**

- 4.1 Signals made ashore will be displayed at SHYC.

### **5 SCHEDULE OF RACES**

- 5.1

<b>Race</b>	<b>Date</b>	<b>Time of first warning signal</b>	<b>HW St. Helier</b>
1	13 <sup>th</sup> March 2010	13:55 GMT	17:28 GMT 9.5m
2	27 <sup>th</sup> March 2010	14:25 GMT	16:31 GMT 9.8m
3	10 <sup>th</sup> April 2010	14:55 BST	17:10 BST 8.7m
4	8 <sup>th</sup> May 2010	13:25 BST	15:16 BST 7.9m
5	22 <sup>nd</sup> May 2010	12:25 BST	14:12 BST 8.8m

Race 3 may be sailed for the Crews' Trophy upon completion of an appropriate race declaration.

Race 5 may be sailed for Ladies' Trophy upon completion of an appropriate race declaration.

### **6 CLASS FLAGS**

- 6.1 The Class flags will be International Code Flag K. All boats race in the same Class.

### **7 RACING AREA**

- 7.1 The racing area will be the south coast of the Island of Jersey, including St Aubin's Bay, and adjacent waters, and extending to the Plateau des Minquiers.

### **8 THE COURSES**

- 8.1 For all races, courses will be set within the area of the south coast of the Island of Jersey, including St Aubin's Bay and adjacent waters, and extending to the Plateau des Minquiers using marks as indicated by a hymn board on the starter boat. A mark displayed on the Hymn board by a number on a red card indicates that the mark should be left to port and a number on a green card indicates that the mark should be left to starboard.

### **9 MARKS**

- 9.1 The fixed marks, with their approximate positions, that will be used for setting courses are shown in Appendix A.

### **10 THE START**

- 10.1 Races will be started using Rule 26 with the warning signal given 5 minutes before the starting signal.
- 10.2 The starting line will be between a mast or staff displaying an orange flag on the Committee boat and an outer limit mark.
- 10.3 If an inner limit mark is laid adjacent to the Committee boat, boats must not pass between that mark and the Committee boat at any time. Any such inner limit mark will not form part of the starting transit.
- 10.4 Boats should maintain a listening watch on VHF channel 8 for instructions relating to starting times. The course and a verbal countdown may, at the start of any race in the series, be transmitted on VHF Channel 8, at the race officer's sole discretion. The non-reception of any message by any boat shall not be grounds for redress against the race committee.
- 10.5 A boat failing to start within 10 minutes of her starting signal will be scored Did Not Start (DNS).

## **11 THE FINISH**

- 11.1 The finishing line will be the St Helier YC line located off and to the west of the La Collette Marina jetty in the Small Roads to St Helier Harbour, crossed from south to north. The finishing line is defined by a transit formed by 2 conspicuous red/orange triangles located at the start hut on the rubble jetty, marking the eastern end of the line. A yellow buoy marks the outer limit of the finishing line but does not form part of the finishing line transit.
- 11.2 Skippers must take their own GPS finishing times and subsequently complete and return to the Office at St Helier YC, within 90 minutes of finishing, the correct race declaration. A boat failing to comply may be scored "Did Not Finish" (DNF). The race committee reserves the right to accept late declarations, at its sole discretion.

## **12 PENALTY SYSTEM**

- 12.1 A boat that has taken a penalty or retired under Rule 31.2 or Rule 44.1 shall complete an acknowledgment form at the race office within the protest time limit.
- 12.2 As provided in Rule 67, the protest committee may, without a hearing, penalize a boat that has broken Rule 42.

## **13 PROTESTS AND REQUESTS FOR REDRESS**

- 13.1 Protest forms are available from SHYC. Protests shall be delivered to SHYC within the protest time limit.
- 13.2 The protest time limit shall be 90 minutes after the last boat in the relevant Class has finished the last race of the day. The same time limits apply to protests by the race committee and protest committee about incidents they observe in the racing area, and to requests for redress.
- 13.3 Notices will be posted within 30 minutes of the protest time limit, to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held at SHYC at a time to be advised.
- 13.4 Notices of protests by the race committee or protest committee will be posted to inform boats under Rule 61.1(b).
- 13.5 A list of boats that have acknowledged breaking Rule 42 or have been disqualified by the protest committee will be posted before the protest time limit.
- 13.6 Decisions of the protest committee will be final as provided in Rule 70.4.

## **14 SCORING**

- 14.1 The Low Point scoring system of Appendix A to The Racing Rules of Sailing 2009-2012 will apply.
- 14.2 Four races are required to be completed to constitute the series. A boat must start in at least three races to be counted in the series. There shall be a minimum of 2 starters for each race.
- 14.3 For all competing boats, a boat's series score will be the total of all her race scores, excluding her worst score.
- 14.4 The boats score for each race shall count towards a boat's series score in the same manner, regardless of whether the boat has also entered for the Crews' or Ladies' races.

## **15 SAFETY REGULATIONS**

- 15.1 Prior to the start, competing boats should, and the race committee will, maintain a listening watch on VHF Channel 8.
- 15.2 All boats should close with the starters before racing, for identification purposes.
- 15.3 Boats should maintain watch on VHF Channel 16 whilst racing.
- 15.4 When in small roads and shipping channels such as those constituting the approaches to St Helier, boats racing may interpret Rule 42.3(f) to permit the use of engine or other power where the boat constitutes a hazard to approaching commercial vessels and

conditions are such that she cannot give proper way under sail. A boat taking this course of action shall then return to a point of no advantage. Under these conditions, the International Regulations for the Prevention of Collisions at Sea shall prevail. Such use of engine power shall be declared to the race committee, detailing the exact circumstances, times, and actions taken, on the attached declaration.

- 15.5 A boat that retires from the race shall notify the race committee, or another competitor, as soon as possible.

## **16 OFFICIAL BOATS**

- 16.1 The Committee Boat will fly an orange flag.

## **17 RADIO COMMUNICATION**

- 17.1 Boats should, prior to the start, maintain a listening watch on VHF channel 8 for instructions relating to starting times. The course and a verbal countdown may be transmitted on VHF Channel 8 at the race officer's sole discretion. The non-reception of any message by any boat shall not be grounds for redress against the race committee.
- 17.2 A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones and similar handheld devices.

## **18 PRIZES**

- 18.1 Results will be announced after the final race and the Trophy will be awarded at the Annual Dinner.
- 18.2 The winner of the series will be awarded the St Helier Challenge Trophy.
- 18.3 The winner of the Crew's Race will be awarded the Crew's Cup
- 18.4 The winner of the Ladies Race will be awarded the Ladies Perpetual Trophy
- 18.5 Other prizes may be awarded at the race committee's sole discretion.
- 18.61.1 Other and place prizes will be awarded at the sponsor's reception after the final race of the Series.

## **19 DISCLAIMER OF LIABILITY**




- 19.1 The attention of competitors is drawn to RRS Part 1 Fundamental Rules, and ORC Special Regulations Section 1 – Fundamental Regulations – 1.02 "Owners Responsibility" (the "regulations").
- 19.2 Competitors participate in the event entirely at their own risk. See Rule 4, Decision to Race.
- 19.3 Neither SHYC, the race committee, or any of their members, employees, servants or agents shall be liable for any loss, damage, death or personal injury, howsoever caused, to any yacht, competitor, skipper or crew as a result of their taking part in the race.
- 19.4 Every skipper warrants the suitability of his/her yacht for the race.
- 19.5 The safety of a yacht and her crew, and her entire management, shall be the sole and inescapable responsibility of the skipper/person in charge, who shall do his/her utmost to ensure that the yacht is fully found, thoroughly seaworthy, and manned by an experienced crew, sufficient in number, who are physically fit to face any conditions that may arise during the race. The skipper/person in charge must be satisfied as to the soundness of hull, spars, rigging, sails and all gear, and must ensure that all safety equipment is properly maintained, stowed and in date and that the crew are fully briefed in its location and use.
- 19.6 Neither the establishment of these regulations, nor their use by the Organising Authority, nor any inspection of the yacht under these regulations shall in any way limit or reduce the complete and unlimited responsibility of the owner/skipper.

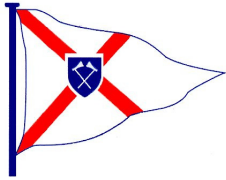
**19.7** All crew are nonetheless advised to satisfy themselves as to the experience of the skipper and other crew and the adequacy of all safety equipment and insurance arrangements.

**20 INSURANCE**

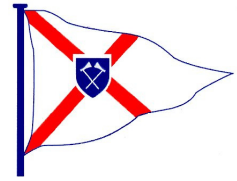
20.1 Each participating boat shall, for the duration of the race, have in force a valid third-party liability insurance cover, including racing, to a minimum of £2,000,000.

**Appendix A**  
**Marks as specified in Sailing Instructions**

<b>MARK</b>	<b>Approx Position</b>	<b>MARK ID</b>	
<b>North Mark</b> White spherical buoy	49°:11:01 N 02°:08:81'W	<b>0</b>	
<b>Grune du Port</b> – Red can navigational buoy	49°:10:03 N 02°:09:13'W	<b>1</b>	
<b>Hettich West</b> buoy Yellow can with top mark	49 °:10:23N 02°:09:50'W	<b>2</b>	
<b>St Aubin's Race Mark</b> Yellow spherical buoy	49°11.09N 02°09.02'W	<b>3</b>	
<b>Beach Rock</b> buoy – Buff conical buoy	49°:11:30'N 02°:08:42'W	<b>4</b>	
<b>Vrachière</b> buoy – Red spherical buoy	49°:11:03'N 02°:08:12'W	<b>5</b>	
<b>Baleine</b> buoy – Green conical navigational buoy	49°:10.42'N 02°:08:22'W	<b>6</b>	
<b>Diamond Rock</b> buoy – Red fairway buoy	49°:10:11'N 02°:08:65'W	<b>7</b>	
<b>Ruaudière</b> buoy – Green fairway buoy	49°:09:83'N 02°:08:60'W	<b>8</b>	
<b>East Rock</b> buoy – Green conical navigational buoy	049°:09:90'N 02°:07:30'W	<b>9</b>	
<b>Hinguette</b> buoy – Red navigational buoy	49°09.31'N 02°07.18'W	<b>10</b>	
<b>Les Fours</b> (north cardinal) buoy	49°09.70'N 02°10.18'W	<b>11</b>	
<b>Passage Rock</b> (north cardinal) buoy	49°: 07:74 N 02°:12:28 W	<b>12</b>	
<b>Canger Rock</b> (west cardinal) buoy	49°: 07:45 N 02°:00:39' W	<b>14</b>	
<b>Southpier Marine</b> buoy Yellow can with top mark	49° 09.1' N, 02° 06.3' W	<b>15</b>	Identical bouy to Hettich
<b>Demie de Vascelin</b> - - Green conical navigational buoy	49°01'.02N 02°05'.18W	<b>16</b>	
<b>St HYC line limit mark</b> – Yellow can St Helier Harbour Small Roads	49°:10:52'N 02°:07:12'W	<b>L</b>	



# ST HELIER YACHT CLUB



## COASTAL SERIES

Saturday 22nd May 2010

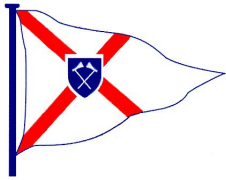
### RACE 5

## DECLARATION

I declare that the Race was sailed in accordance with the Sailing Instructions.

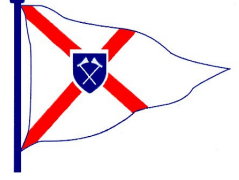
Yacht:	Sail No:	Handicap:	
<b>Finishing time:</b>	<b>hours</b>	<b>minutes</b>	<b>seconds</b>
Yacht ahead:	Yacht astern:		
Skippers signature:			
Name of Lady Skipper (if Lady's race entered)			
Date:			

**THIS DECLARATION MUST BE RETURNED TO SHYC WITHIN 90 MINUTES OF FINISHING EACH RACE.**



# ST HELIER YACHT CLUB

## COASTAL SERIES



Saturday 8th May 2010

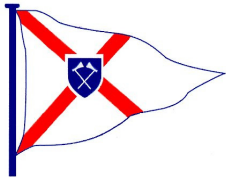
### RACE 4

## DECLARATION

I declare that the Race was sailed in accordance with the Sailing Instructions.

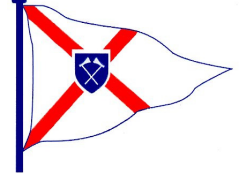
Yacht:	Sail No:	Handicap:	
<b>Finishing time:</b>	<b>hours</b>	<b>minutes</b>	<b>seconds</b>
Yacht ahead:	Yacht astern:		
Skippers signature:			
Date:			

**THIS DECLARATION MUST BE RETURNED TO SHYC WITHIN 90 MINUTES OF FINISHING EACH RACE.**



# ST HELIER YACHT CLUB

## COASTAL SERIES



Saturday 10th April 2010

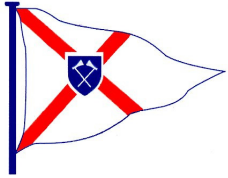
### RACE 3 and Crews Race

## DECLARATION

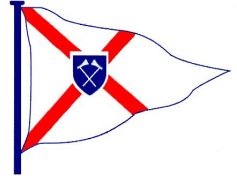
I declare that the Race was sailed in accordance with the Sailing Instructions.

Yacht:	Sail No:	Handicap:	
<b>Finishing time:</b>	<b>hours</b>	<b>minutes</b>	<b>seconds</b>
Yacht ahead:	Yacht astern:		
Skippers signature:			
Name of Crew Skipper (if Crew's race entered)			
Date:			

**THIS DECLARATION MUST BE RETURNED TO SHYC WITHIN 90 MINUTES OF FINISHING EACH RACE.**



# ST HELIER YACHT CLUB



## COASTAL SERIES

Saturday 27th March 2010

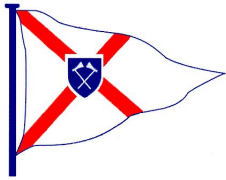
### RACE 2

## DECLARATION

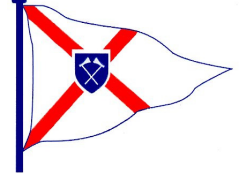
I declare that the Race was sailed in accordance with the Sailing Instructions.

Yacht:	Sail No:	Handicap:	
<b>Finishing time:</b>	<b>hours</b>	<b>minutes</b>	<b>seconds</b>
Yacht ahead:	Yacht astern:		
Skippers signature:			
Date:			

**THIS DECLARATION MUST BE RETURNED TO SHYC WITHIN 90 MINUTES OF FINISHING EACH RACE.**



# ST HELIER YACHT CLUB



## COASTAL SERIES

Saturday 13th March 2010

### RACE 1

## DECLARATION

I declare that the Race was sailed in accordance with the Sailing Instructions.

Yacht:	Sail No:	Handicap:	
<b>Finishing time:</b>	<b>hours</b>	<b>minutes</b>	<b>seconds</b>
Yacht ahead:	Yacht astern:		
Skippers signature:			
Date:			

**THIS DECLARATION MUST BE RETURNED TO SHYC WITHIN 90 MINUTES OF FINISHING EACH RACE.**